

# SCHOOL BREAKFAST CLUBS PROGRAM COOKING CLASSES

**Want to learn new cooking skills and nutrition knowledge in a fun and engaging environment?**

We are delighted to offer your family the opportunity to participate in the School Breakfast Clubs Cooking Classes program.

This program will bring families together to learn life-long healthy eating habits and gain cooking experience to build confidence in the kitchen and beyond.

The program aims to provide a hands-on environment, where families will cook and enjoy a meal together during each session.

This free program is fully funded by the Department of Education and Training.

Sessions will be run after school, one day per week for five weeks during school term. They will be delivered by a trained Foodbank Victoria Facilitator, and will include take-home recipes and weekly food hampers!

**Whether you're looking to eat healthier food, learn new recipes or build skills in the kitchen, this program is for you!**

**LOCATION:**

Glenroy College

**DATE:**

Monday 9th May 2022

**TIME:**

3:00- 5:00 pm

**DURATION:**

5 weeks

**BENEFITS:**

Delicious food!  
Weekly food hampers!

**COST:**

FREE

**TO REGISTER CONTACT:**

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Education  
and Training

